

7 Pk Diet
Summer 2024



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
41447102 (with milk) 41447102 (without milk)	Creamy Country Fried Steak Red Skin Potatoes Mixed Vegetables Whole Wheat Bread Margarine Milk* Dragon Punch Juice 032	Grilled Chicken Over Rice & Gravy Bean Blend Carrots Cornbread Muffin Margarine Milk* Orange Juice** 080	BBQ Pork Rib Patty Black Beans & Corn Brussels Sprouts Whole Wheat Bread Margarine Milk* Chocolate Crème Cookies 013	Thai Chili Meatballs w/Brown Rice Green Pea Blend Broccoli Florets Whole Wheat Bread Margarine Milk* Apple Juice** Graham Crackers 059	Breaded Pollock Wedge Autumn Vegetable Blend Butternut Squash Whole Wheat Bread Margarine Milk* Applesauce Cup Cherry Cookie 085	Pesto Basil Chicken Lima Beans Three Seasons Vegetable Blend Whole Wheat Bread Margarine Milk* Strawberry Crisp Bar 083	Homestyle Meatloaf Red Skin Potatoes Winter Vegetable Blend Whole Wheat Bread Margarine Milk* Grape Juice** Snickerdoodle Cookie 023
41427102 (with milk) 41427102 (without milk)	Breaded Chicken w/Gravy Lima Beans Mixed Vegetables Whole Wheat Bread Margarine Milk* Dragon Punch Juice 086	Smoked Sausage w/Mac & Cheese Bean Blend Cauliflower Whole Wheat Bread Margarine Milk* Grape Juice** Graham Crackers 058	Beef Patty & Onion Gravy Red Skin Potatoes Broccoli Florets Cornbread Muffin Margarine Milk* Orange Juice** Apple Spice Cookie 088	Chicken & Teriyaki Rice Sweet Potatoes Brussels Sprouts Whole Wheat Bread Margarine Milk* Apple Juice** 052	Huevos Rancheros Red Skin Potatoes Broccoli Florets Bran Flakes Cereal Margarine Milk* Raisins 061	Beef Strip Patty w/Orange Rice Corn with Peppers Broccoli Florets Whole Wheat Bread Margarine Milk* Vanilla Crème Cookies 027	Breaded Pollock Green Pea Blend Carrots Whole Wheat Bread Margarine Milk* Orange Juice** Cherry Cookie 044
41437102 (with milk) 41437102 (without milk)	Pizzaiaola Pork Asparagus Carrots Cornbread Muffin Margarine Milk* Dragon Punch Juice Vanilla Crème Cookies 015	Chicken Chili w/Beans Cauliflower Spring Vegetable Blend Cornbread Muffin Margarine Milk* Blueberry Lemon Bar 062	Salisbury Steak Red Skin Potatoes Mixed Vegetables Whole Wheat Bread Margarine Milk* Orange Juice** Snickerdoodle Cookie 047	Pollock w/Spinach Alfredo Sauce Sweet Potatoes Cauliflower Whole Wheat Bread Margarine Milk* Chocolate Crème Cookies 091	BBQ Chicken Succotash Green Beans Whole Wheat Bread Margarine Milk* Orange Juice** Apple Spice Cookie 053	Cilantro Lime Meatballs w/Brown Rice Bean Blend Carrots Whole Wheat Bread Margarine Milk* Applesauce Cup 076	Chimichurri Chicken Stewed Tomatoes Black Beans & Corn Cornbread Muffin Margarine Milk* Grape Juice** 081
41447102 (with milk) 41447102 (without milk)	Cheese Omelet & Salsa Broccoli Florets Hash Browns Bran Flakes Cereal Margarine Milk* Raisins 071	Mushroom Swiss Chicken & Rice Cauliflower Peas & Carrots Whole Wheat Bread Margarine Milk* Blueberry Lemon Bar 019	Macaroni & Cheese Bean Blend Brussels Sprouts Cornbread Muffin Margarine Milk* Apple Spice Cookie 075	Beef Chili w/Beans Carrots Broccoli Florets Cornbread Muffin Margarine Milk* Grape Juice** 091	Honey Mustard Chicken Sweet Potatoes Brussels Sprouts Whole Wheat Bread Margarine Milk* Campfire S'mores Bar 036	Pepperoni Pizza Four Seasons Vegetable Blend Whole Kernel Corn Whole Wheat Bread Margarine Milk* Orange Juice** 012	Meatballs with Rice & Gravy Spinach Bean Blend Whole Wheat Bread Margarine Milk* Snickerdoodle Cookie 100
41457102 (with milk) 41457102 (without milk)	Red Beans & Rice w/Sausage Corn with Peppers Butternut Squash Whole Wheat Bread Margarine Milk* Strawberry Applesauce Cup 020	Florentine Stuffed Shell w/Parma Rosa Lima Beans Carrots Whole Wheat Bread Margarine Milk* Dragon Punch Juice Chocolate Crème Cookies 018	Beef Patty w/Horseradish Sauce Red Skin Potatoes Brussels Sprouts Cornbread Muffin Margarine Milk* Grape Juice** Graham Crackers 022	Mushroom Pork Sweet Potatoes Green Beans Whole Wheat Bread Margarine Milk* Apple Juice** Vanilla Crème Cookies 034	Bruschetta Chicken Red Skin Potatoes Autumn Vegetable Blend Whole Wheat Bread Margarine Milk* Star Crunch Cookie 039	Beef Patty over Cheesy Chipotle Rice Whole Kernel Corn Broccoli Florets Whole Wheat Bread Margarine Milk* Orange Juice** Cherry Cookie 082	Chicken & Honey Lemon Rice Black Beans & Corn Brussels Sprouts Whole Wheat Bread Margarine Milk* Apple Juice** 095

*Available with or without milk
**Calcium fortified juice
Menu effective July 2024
Case dimensions: 14.25"x9.25"x9" 0.68lt3
Nutritional information at www.traditions.com