

7 Pk Diet  
Winter 2025



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
4W51702 (with milk) 4W51702 (without milk)	Spaghetti & Meatballs Whole Kernel Corn Broccoli Florets Whole Wheat Bread Margarine Milk* Chocolate Crème Cookies  065	Pork Patty & Gravy Spinach Sweet Potatoes Cornbread Muffin Margarine Milk* Raisins  041	Breaded Pollock Green Pea Blend Carrots Whole Wheat Bread Margarine Milk* Mixed Fruit Cup Strawberry Crisp Bar  044	Chicken Tenders & Zesty Orange Rice Bean Blend Three Seasons Vegetable Blend Whole Wheat Bread Margarine Milk* Snickerdoodle Cookie  090	Creamy Country Fried Steak Red Skin Potatoes Mixed Vegetables Whole Wheat Bread Margarine Milk* Dragon Punch Juice  032	Cheese Manicotti & Alfredo Sauce Bean Blend Butternut Squash Bran Muffin Margarine Milk* Dragon Punch Juice  045	Breaded Chicken Patty Whole Kernel Corn Spring Vegetable Blend Cornbread Muffin Margarine Milk* Orange Juice**  050
4W52702 (with milk) 4W52702 (without milk)	Fried Egg Patties Sweet Potatoes Asparagus Oatmeal Margarine Milk* Blueberry Lemon Bar  074	Salisbury Steak Red Skin Potatoes Mixed Vegetables Whole Wheat Bread Margarine Milk* Orange Juice** Apple Spice Cookie  047	Chicken & Dumplings Lima Beans Winter Vegetable Blend Whole Wheat Bread Margarine Milk* Dragon Punch Juice Graham Crackers  054	Red Beans & Rice with Sausage Corn with Peppers Butternut Squash Cornbread Muffin Margarine Milk* Applesauce Cup  020	Chicken & New Orleans Style Rice Four Seasons Vegetable Blend Sweet Potatoes Whole Wheat Bread Margarine Milk* Cherry Cookie  043	Pork Patty & Rice w/Roasted Garlic Gravy Succotash Carrots Whole Wheat Bread Margarine Milk* Dragon Punch Juice Vanilla Creme Cookie  063	Beef Pepper Patty with Gravy Spinach Sweet Potatoes Whole Wheat Bread Margarine Milk* Star Crunch Cookie  042
4W53702 (with milk) 4W53702 (without milk)	Honey Mustard Chicken Tenders Spinach Carrots Whole Wheat Bread Margarine Milk* Dragon Punch Juice Banana Crème Cookies  017	Breaded Pollock w/Parma Rosa Sauce Corn with Peppers Italian Green Beans Whole Wheat Bread Margarine Milk* Strawberry Applesauce Cup Snickerdoodle Cookie  067	Huevos Rancheros Red Skin Potatoes Broccoli Florets Whole Wheat Bread Margarine Milk* Raisins  061	NY Beef Strip Patty & Gravy Spinach Four Seasons Vegetable Blend Cornbread Muffin Margarine Milk* Oatmeal Creme Cookie  038	Turkey Meatloaf w/Zesty Orange Sauce Three Seasons Vegetable Blend Italian Green Beans Whole Wheat Bread Margarine Milk* Star Crunch Cookie  098	Meatballs over Pizzaiola Sauce Carrots Green Beans Bran Muffin Margarine Milk* Orange Juice**  016	BBQ Pork Patty Black Beans & Corn Brussels Sprouts Whole Wheat Bread Margarine Milk* Chocolate Crème Cookies  013
4W54702 (with milk) 4W54702 (without milk)	Cheese Lasagna with Meat Sauce Spinach Corn with Peppers Whole Wheat Bread Margarine Milk* Apple Juice**  021	Rosemary Chicken Lima Beans Spring Vegetable Blend Cornbread Muffin Margarine Milk* Orange Juice** Graham Crackers  025	Ginger Pork Red Skin Potatoes Green Pea Blend Whole Wheat Bread Margarine Milk* Campfire S'mores Bar  097	Beef Patty Carrots Brussels Sprouts Bran Muffin Margarine Milk* Grape Juice**  099	Pollock Nuggets Northern Beans Broccoli Florets Whole Wheat Bread Margarine Milk* Dragon Punch Juice Banana Crème Cookies  070	Breaded Chicken Parmesan Red Skin Potatoes Mixed Vegetables Whole Wheat Bread Margarine Milk* Orange Juice**  077	Chickpea and Sweet Potato Chili Broccoli Florets Whole Kernel Corn Whole Wheat Bread Margarine Milk* Blueberry Lemon Bar  057
4W55702 (with milk) 4W55702 (without milk)	Breakfast Burrito w/Salsa Applesauce Hash Browns Whole Wheat Bread Margarine Milk* Dragon Punch Juice  078	Homestyle Meatloaf Red Skin Potatoes Winter Vegetable Blend Whole Wheat Bread Margarine Milk* Grape Juice* Vanilla Crème Cookies  023	Chicken & Apricot Rice Carrots Brussels Sprouts Whole Wheat Bread Margarine Milk* Apple Juice** Graham Crackers  028	Pollock w/Coconut Rice Three Seasons Vegetable Blend Broccoli Florets Whole Wheat Bread Margarine Milk* Apple Spice Cookie  096	Southwest Casserole Sweet Potatoes Brussels Sprouts Whole Wheat Bread Margarine Milk* Pear Cup  064	Pepperoni Pizza Four Seasons Vegetable Blend Whole Kernel Corn Whole Wheat Bread Margarine Milk* Orange Juice** Graham Crackers  012	Meatballs & Alfredo Shell Pasta Corn with Peppers Green Beans Whole Wheat Bread Margarine Milk* Strawberry Applesauce Cup Chocolate Crème Cookies  055

\*Available with or without milk  
\*\*Calcium fortified juice  
Menu effective January 2025  
Case dimensions: 14.25"x9.25"x9"/0.6883  
Nutritional information at www.traditions.com